

## RUMBA

Rumba rhythm, 4/4 time, Tempo 23-26 BPM  
Count : 2 3 4-1 or Quick Quick Slow (QQS)

Music: Dance and Sing to Jesus – Latin  
(download music from [www.matthew5sixteen.com](http://www.matthew5sixteen.com) or order CD fax 65 63771981)  
(download dance steps for solo or partner dancing from [www.danceandsingtoJesus.com](http://www.danceandsingtoJesus.com))

### Dance and Sing to Jesus solo or partner basic Rumba

#### Back and Forward basic

##### R back rock, R to side hold

2 3 RF step back, replace weight on LF  
4-1 RF to side, hold

##### L fwd rock, L to side hold

2 3 LF step forward, replace weight on RF  
4-1 LF to side, hold  
repeat

#### Shoulder to Shoulder (back cross rocks)

23 4-1 RF step back face diagonally R, replace weight on L, R to side hold  
23 4-1 LF step back face diagonally L, replace weight on R, L to side hold

#### Forward cross rocks

23 4-1 R cross over L, replace weight on L, R to side hold  
23 4-1 L cross over R, replace weight on R, L to side hold

#### Cucarachas (side rocks)

23 4-1 R step to side, replace weight on L, Close R  
23 4-1 L step to side, replace weight on R, close L

#### New York

2 3  $\frac{1}{4}$  L (9:00) R fwd rock, replace L foot  
4-1  $\frac{1}{4}$  R, R step to side (face 12:00), hold  
2 3  $\frac{1}{4}$  R (3:00), L fwd rock, replace R foot  
4-1  $\frac{1}{4}$  L, L step to side (face 12:00), hold

**Side Close Side**

23 4-1 R to side, L close, R to side hold  
 23 4-1 L to side, R close, L to side hold  
 23 4-1 R to side, L close, R to side hold

2-3 Sway L hold  
 4-1 Sway R hold (Partner dancing end: 2-3 Sway L hold, 4 1 Sway R L. Start again)

Reverse Footwork

**Forward and Back basic**

**L forward rock, L to side hold**

2 3 LF step forward, replace weight on R  
 4-1 LF to side, hold

**R back rock, R to side hold**

2 3 RF step back, replace weight on L  
 4-1 RF to side, hold  
 repeat

**Shoulder to Shoulder (forward cross rocks)**

23 4-1 LF step forward face diagonally R, replace weight on R, L to side hold  
 23 4-1 RF step forward face diagonally L, replace weight on L, R to side hold

**Forward cross rocks**

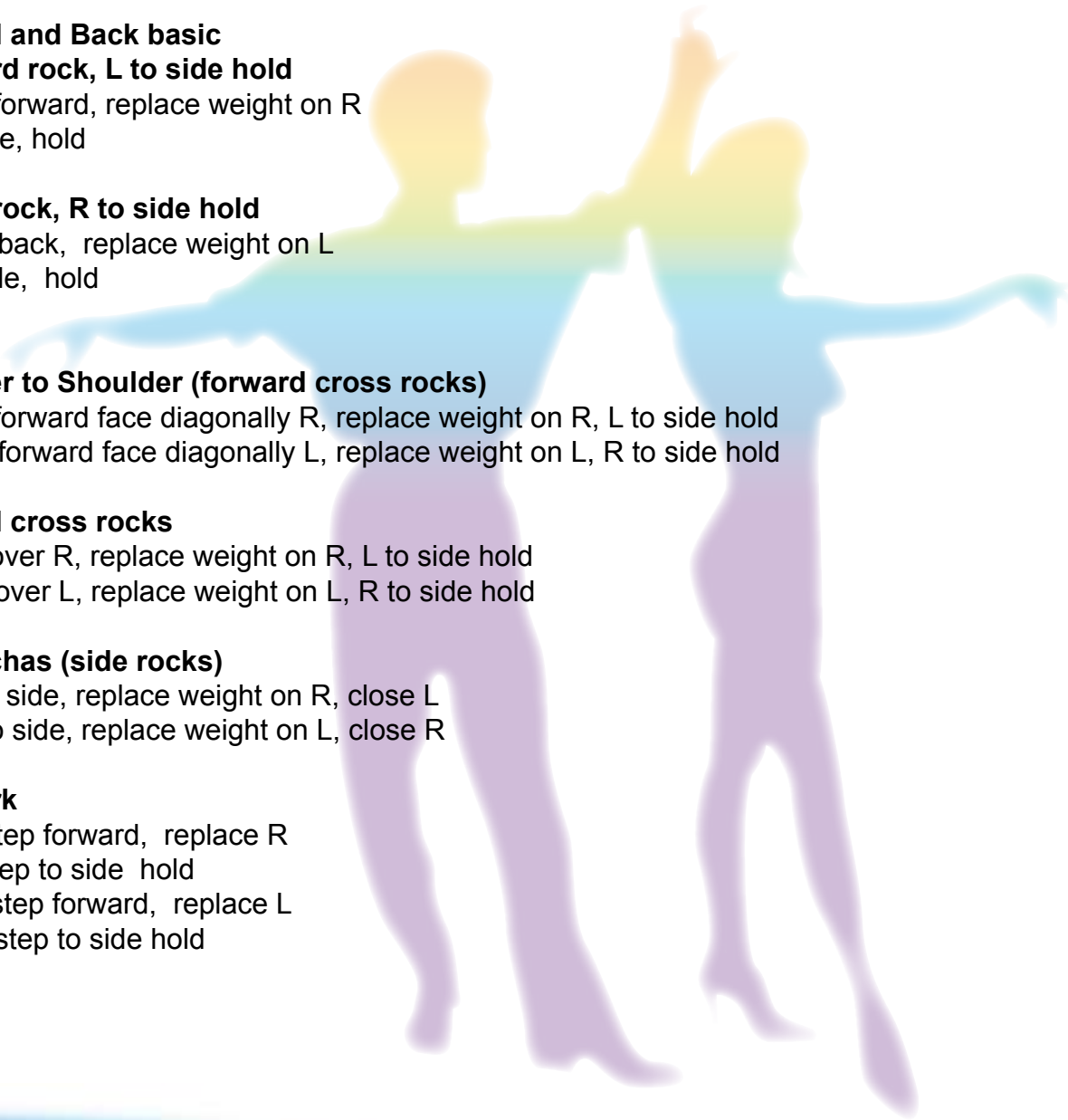
23 4-1 L cross over R, replace weight on R, L to side hold  
 23 4-1 R cross over L, replace weight on L, R to side hold

**Cucarachas (side rocks)**

23 4-1 L step to side, replace weight on R, close L  
 23 4-1 R step to side, replace weight on L, close R

**New York**

2 3  $\frac{1}{4}$  R L step forward, replace R  
 4-1  $\frac{1}{4}$  L, L step to side hold  
 2 3  $\frac{1}{4}$  L, R step forward, replace L  
 4-1  $\frac{1}{4}$  R, R step to side hold





**Side Close Side**

23 4-1 L to side, R close, L to side hold  
23 4-1 R to side, L close, R to side hold  
23 4-1 L to side, R close, L to side hold

2-3 Sway R hold

4-1 Sway L hold (Partner dancing end: 2-3 Sway R hold, 4 1 Sway L R. Start again)

Start again

